



## Nappy changing

### Policy statement

At Little Explorers we aim to meet all of your children's hygiene needs promptly and to a high standard. Children in nappies or pull ups will be changed regularly or as soon as it is needed. These changes will be documented in their own "nappy change" book and logged on our nappy changing record. Where possible your child's key worker will take on this responsibility however if this is not possible your child will be changed by another member of staff.

### Procedures

- Changing areas are kept warm and clean, and a safe nappy change unit will be always available.
- Children should be provided with a sufficient supply of nappies, wipes (and cream where needed) during their time with us.
- Clean disposable gloves are put on before changing starts and gloved hands are washed with soap and water in between changes. The changing unit is prepared by being sprayed with antibacterial spray and wiped down with a clean paper towel. Your child's nappy goes directly into a nappy sack and put into a lockable nappy bin.
- Once your child is changed they will be encouraged to wash their hands, the changing mat will be wiped down with antibacterial spray and the staff member will dispose of gloves and wash their hands.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, all staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet or potty. They may just want to sit on the toilet/potty and familiarise them selves with it before using it.
- Each time the potty is used- staff will clean it using antibacterial spray and toilet roll.
- Staff will also ensure the toilets are kept clean and flushed throughout the day and topped up with toilet roll.
- All children using the toilet or potty are also encouraged to wash their hands and use soap.
- All staff will maintain a calm and gentle approach to both changing nappies and potty training.
- Any wet and soiled clothes are placed in a tied nappy sack and handed to the parent when collecting.